



Frank Kelley XC Invitational

Meet Corporate Sponsor: Marathon Sports Place: Wrentham Developmental Center

Sanctioned by: MIAA Sponsored by: West Bridgewater HS

Meet Director: Jayson Sylvain EMAIL: jsylvain@wbridgewater.com

Date: September 30, 2017 Time: Division 2 9:30 am

Division 1 12:30 pm

Sanctioning for following states have been applied for pending approval and will be allowed to compete in this competition: Massachusetts, Rhode Island, Connecticut, New Hampshire, New York, Vermont Out of State teams will be assigned a division by the meet director.

Order of Races (Start Times are Approximate)

9:30 am	DIV 2 9-10 Boys Race - 3K
9:47 am	DIV 2 9-10 Girls Race - 3K
10:06 am	DIV 2 11-12 Boys Race - 3K
10:22 am	DIV 2 11-12 Girls Race - 3k
10:40 am	DIV 2 Open Boys Race - 5K
11:06 am	DIV 2 Open Girls Race - 5K
12:34 pm	Championship Boys Race - 7 per team [Division 1 & 2]
12:57 pm	Championship Girls Race - 7 per team [Division 1 & 2]
1:23 pm	DIV 1 9-10 Boys Race - 3K
1:42 pm	DIV 1 9-10 Girls Race - 3K
1:59 pm	DIV 1 11-12 Boys Race - 3K
2:15 pm	DIV 1 11-12 Girls Race - 3K
2:34 pm	DIV 1 Open Boys Race - 5K
2:56 pm	DIV 1 Open Girls Race - 5K

There will be a 30 minute break between the Division 2 and Championship races.

Division 1 – MIAA EMASS DIV 1,2,3, CMASS D1, WMASS D1 Division 2 – MIAA EMASS DIV 4,5,6, CMASS D2, WMASS D2 TIME_LIMITS We will not time athletes who cannot meet the following standards for that race - the chute

will be closed. These limits are established/reviewed by the MSTCA XC Committee each year.

Championship Boys: 22 Minutes Open Boys: 25 Minutes 3K Boys: 16 Minutes

Championship Girls: 26 Minutes Open Girls: 28 Minutes 3K Girls: 18 Minutes

<u>Individual Awards</u> Medals to finishers 1-25 in each race.

<u>Team Awards</u> Top 3 Teams - Championship Races Only

Entry Limits

Championship Race: Every team may run up to a maximum of 7 runners for all Championship Races

No need to declare prior; any team with more than 7 runners in the Championship race will be disqualified. 3K & Open races are unlimited but should be able to meet the time limit standard.

Entry Fees: \$15 per individual. Minimum entry fee per school: \$50.

\$175 max per gender per school (\$325 maximum per school if both b/g attend)

All PO's, checks or single payment must be received prior to the meet. If nothing is received, then your team will not be allowed to compete. Make checks out to MSTCA and mail to:

Mrs. Elaine Mooney 60 Cynthia Rd Seekonk, MA 02771

MSTCA Tax ID # 04-3394224

ENTRY DEADLINE: Monday, September 25, 2017 All entries are done on www.directathletics.com.

IF YOU ARE A NEW COACH IT IS STRONGLY RECOMMENDED THAT YOU CREATE AN ACCOUNT BY AT LEAST 1 WEEK BEFORE YOU BEGIN TO ENTER YOUR TEAM.

LATE ENTRY POLICY:

YOU MUST CONTACT THE MEET DIRECTOR TO ENTER

September 26: Late entry fee is \$100 per single gender team

September 27: Late entry fee is \$150 per team

After September 27, no entries will be accepted. Late fees must be paid before your team is allowed to compete

MSTCA Single Waiver: Each school must have their Principal and/or AD sign and accompany a team roster and must be submitted to Jim Hoar 31 Campion Road, Yarmouthport, MA 02675 by September 20, 2017. See below or visit www.mstca.org for a copy of the waiver.

COACHES CHECKLIST □ Entries due Monday, September 25, 2017 □ MSTCA waiver due Wednesday, September 20, 2017 □ PO/Check/Single Payment – September 29, 2017 □ No grills, fires, or cooking is allowed at the Wrentham Development Center grounds. □ No dogs or other animals are allowed on the Wrentham Development Center grounds □ Coaches must keep their athletes from running between the buildings where patients reside. □ Remind your spectators that there is a \$5 parking fee per carload. □ All tents must be WEIGHTED & SECURED

□ NO DRONES are allowed at any MSTCA events.



MSTCA SINGLE WAIVER FORM – FALL 2017

Please take the time to have this waiver form signed, attach your roster, and mail it in. Once you do that, your waiver responsibilities for the fall are completed!

Failure to submit by the deadline will result in a warning. A second offense will result in a \$50.00 late fee.

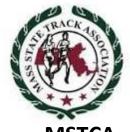
I attest that all the athletes that will be participating from our school in the MSTCA fall meets are student athletes, in good standing, in our high school and are bona fide members of our team. Our school district recognizes that there are certain risks associated with participating in this sport and waives, releases, and holds harmless the MSTCA organization, its officers, sponsors and representatives, as well as the host community, from any injury that may be incurred by an athlete in the normal course of participation in these MSTCA events. My school also agrees to have a PO or payment in the hands of MSTCA before any meet they compete in.

THIS IS NOT AN ENTRY FORM

School's Name			
Boys Team	Girls Team	Both	
Principal OR Athletic Dire	ector's Signature		
School's Phone Number_			
Date			
Please attach your cross	country teams' rosters ar	nd mail everything to:	

Jim Hoar 31 Campion Road Yarmouthport, MA 02675

THIS MUST BE RECEIVED NO LATER THAN WEDNESDAY, SEPTEMBER 20, 2017



COACH'S EMERGENCY CONTACT FORM

Please fill out and bring the day of the meet and turn it in before you pick up your meet packet. We need this form in case one of your athletes gets injured.

SCHOOL NAME_			
COACH'S NAME			_
COACH'S CELL N	UMBER		-
BOY'S TEAM	GIRL'S TEAM	BOTH	

Each school is responsible to have a rally point for their team in case of an emergency - including weather. Please make sure all of your student-athletes are aware of your plan. This form will be given to the Athletic Trainer in case of an injury to one of your student-athletes, and s/he will contact you.

In case of a medical situation that requires 911 to be accessed, the meet may be put on hold until the situation subsides by local public safety.

In case of inclement weather, all teams will evacuate under the direction of the Meet Director and/or Police to the closest facility or bus.