



## Frank Kelley XC Invitational

Meet Corporate Sponsor: Marathon Sports

Place: Wrentham Developmental Center

Sanctioned by: MIAA

Sponsored by: West Bridgewater HS

Meet Director: Jayson Sylvain

EMAIL: [jsylvain@wbridgewater.com](mailto:jsylvain@wbridgewater.com)

Date: September 30, 2017

Time: Division 2 9:30 am

Division 1 12:30 pm

Sanctioning for following states have been applied for pending approval and will be allowed to compete in this competition: Massachusetts, Rhode Island, Connecticut, New Hampshire, New York, Vermont Out of State teams will be assigned a division by the meet director.

### Order of Races (Start Times are Approximate)

9:30 am	DIV 2 9-10 Boys Race - 3K
9:47 am	DIV 2 9-10 Girls Race - 3K
10:06 am	DIV 2 11-12 Boys Race - 3K
10:22 am	DIV 2 11-12 Girls Race - 3k
10:40 am	DIV 2 Open Boys Race - 5K
11:06 am	DIV 2 Open Girls Race - 5K
12:34 pm	Championship Boys Race - 7 per team [Division 1 & 2]
12:57 pm	Championship Girls Race - 7 per team [Division 1 & 2]
1:23 pm	DIV 1 9-10 Boys Race - 3K
1:42 pm	DIV 1 9-10 Girls Race - 3K
1:59 pm	DIV 1 11-12 Boys Race - 3K
2:15 pm	DIV 1 11-12 Girls Race - 3K
2:34 pm	DIV 1 Open Boys Race - 5K
2:56 pm	DIV 1 Open Girls Race - 5K

There will be a 30 minute break between the Division 2 and Championship races.

Division 1 – MIAA EMASS DIV 1,2,3, CMASS D1, WMASS D1

Division 2 – MIAA EMASS DIV 4,5,6, CMASS D2, WMASS D2

TIME LIMITS We will not time athletes who cannot meet the following standards for that race - the chute will be closed. These limits are established/reviewed by the MSTCA XC Committee each year.

Championship Boys: 22 Minutes      Open Boys: 25 Minutes      3K Boys: 16 Minutes

Championship Girls: 26 Minutes      Open Girls: 28 Minutes      3K Girls: 18 Minutes

Individual Awards      Medals to finishers 1-25 in each race.

Team Awards      Top 3 Teams - Championship Races Only

### **Entry Limits**

#### **Championship Race: Every team may run up to a maximum of 7 runners for all Championship Races**

No need to declare prior; any team with more than 7 runners in the Championship race will be disqualified. 3K & Open races are unlimited but should be able to meet the time limit standard.

**Entry Fees:**      \$15 per individual. Minimum entry fee per school: \$50.  
\$175 max per gender per school (**\$325 maximum per school if both b/g attend**)

All PO's, checks or single payment must be received prior to the meet. If nothing is received, then your team will not be allowed to compete. Make checks out to MSTCA and mail to:

Mrs. Elaine Mooney  
60 Cynthia Rd  
Seekonk, MA 02771

**MSTCA Tax ID # 04-3394224**

ENTRY DEADLINE: Monday, September 25, 2017 All entries are done on [www.directathletics.com](http://www.directathletics.com).

IF YOU ARE A NEW COACH IT IS STRONGLY RECOMMENDED THAT YOU CREATE AN ACCOUNT BY AT LEAST 1 WEEK BEFORE YOU BEGIN TO ENTER YOUR TEAM.

### **LATE ENTRY POLICY:**

#### **YOU MUST CONTACT THE MEET DIRECTOR TO ENTER**

September 26: Late entry fee is \$100 per single gender team

September 27: Late entry fee is \$150 per team

After September 27, no entries will be accepted. Late fees must be paid before your team is allowed to compete

MSTCA Single Waiver: Each school must have their Principal and/or AD sign and accompany a team roster and must be submitted to Jim Hoar 31 Campion Road, Yarmouthport, MA 02675 by September 20, 2017. See below or visit [www.mstca.org](http://www.mstca.org) for a copy of the waiver.

### **COACHES CHECKLIST**

- Entries due Monday, September 25, 2017
- MSTCA waiver due Wednesday, September 20, 2017
- PO/Check/Single Payment – September 29, 2017
- No grills, fires, or cooking is allowed at the Wrentham Development Center grounds.
- No dogs or other animals are allowed on the Wrentham Development Center grounds
- Coaches must keep their athletes from running between the buildings where patients reside.
- Remind your spectators that there is a \$5 parking fee per carload.
- All tents must be WEIGHTED & SECURED
- NO DRONES are allowed at any MSTCA events.



# MSTCA SINGLE WAIVER FORM – FALL 2017

Please take the time to have this waiver form signed, attach your roster, and mail it in. Once you do that, your waiver responsibilities for the fall are completed!

**Failure to submit by the deadline will result in a warning. A second offense will result in a \$50.00 late fee.**

I attest that all the athletes that will be participating from our school in the MSTCA fall meets are student athletes, in good standing, in our high school and are bona fide members of our team. Our school district recognizes that there are certain risks associated with participating in this sport and waives, releases, and holds harmless the MSTCA organization, its officers, sponsors and representatives, as well as the host community, from any injury that may be incurred by an athlete in the normal course of participation in these MSTCA events. *My school also agrees to have a PO or payment in the hands of MSTCA before any meet they compete in.*

## THIS IS NOT AN ENTRY FORM

School's Name \_\_\_\_\_

Boys Team \_\_\_\_\_ Girls Team \_\_\_\_\_ Both \_\_\_\_\_

Principal OR Athletic Director's Signature \_\_\_\_\_

School's Phone Number \_\_\_\_\_

Date \_\_\_\_\_

Please attach your cross country teams' rosters and mail everything to:

Jim Hoar  
31 Champion Road  
Yarmouthport, MA 02675

THIS MUST BE RECEIVED NO LATER THAN WEDNESDAY, SEPTEMBER 20, 2017



**MSTCA**

**COACH'S EMERGENCY CONTACT FORM**

Please fill out and bring the day of the meet and turn it in before you pick up your meet packet. We need this form in case one of your athletes gets injured.

**SCHOOL NAME** \_\_\_\_\_

**COACH'S NAME** \_\_\_\_\_

**COACH'S CELL NUMBER** \_\_\_\_\_

**BOY'S TEAM** \_\_\_\_\_ **GIRL'S TEAM** \_\_\_\_\_ **BOTH** \_\_\_\_\_

Each school is responsible to have a rally point for their team in case of an emergency - including weather. Please make sure all of your student-athletes are aware of your plan. This form will be given to the Athletic Trainer in case of an injury to one of your student-athletes, and s/he will contact you.

In case of a medical situation that requires 911 to be accessed, the meet may be put on hold until the situation subsides by local public safety.

In case of inclement weather, all teams will evacuate under the direction of the Meet Director and/or Police to the closest facility or bus.